

Case Management Services

Support when you need it most

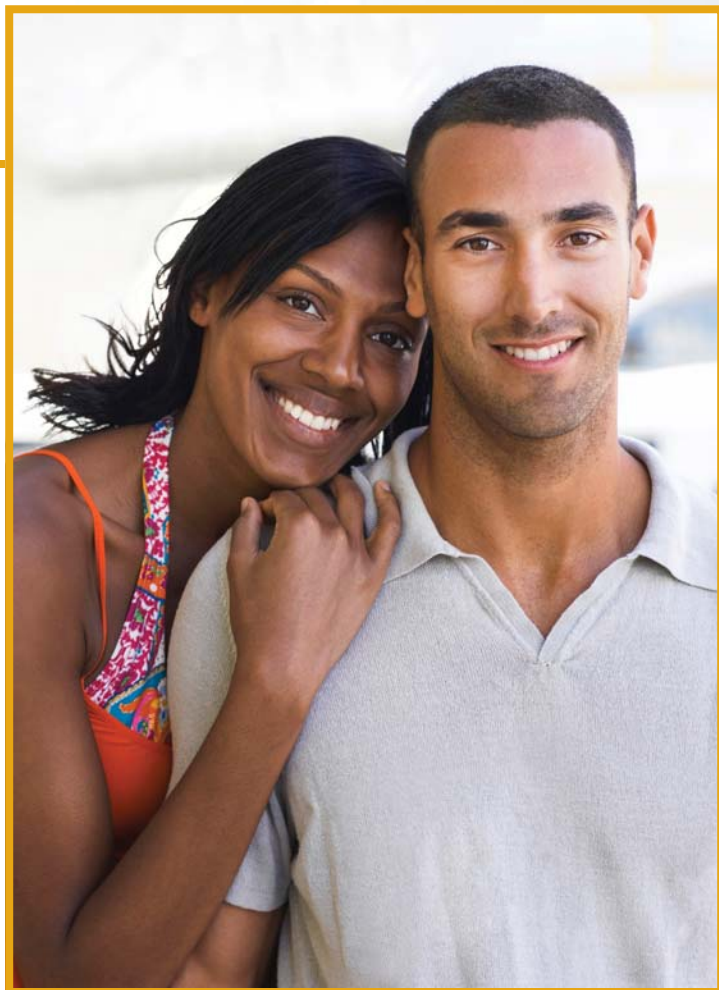
Yukon Koyukuk School District

Yukon Koyukuk School District is dedicated to ensuring that you and your family have access to quality healthcare and resources when and where you need them. To make sure you're covered, Yukon Koyukuk School District is pleased to provide you with medical management services through Medical Rehabilitation Consultants.

Case management

In times of medical crises, it can be a challenge to understand the condition, evaluate treatment options or even know what questions to ask. Through the Case Management program, assigned RN case managers serve as a liaison among patients, family members, physicians and other care providers. If you fall ill or are injured, your main concern shouldn't be paperwork. Let a case manager help you and your family with your benefits and treatment so you can focus on getting better.

The case manager helps form a compassionate, knowledgeable support network, providing all parties with an understanding of the patient's condition, special care needs and alternative treatments. This enables the patient to make educated treatment choices that contribute to a healthier lifestyle, reducing the incidence of complications and future medical care costs.



Case management can help you manage such conditions as:

- Cancer.
- Strokes.
- Transplants.
- High-risk pregnancies.
- Premature births.
- Other traumatic incidents.

Medical Rehabilitation Consultants

Contact a Medical Management Nurse at:
1.800.827.5058

Support for your health journey

Your employer wants you to get the best, most appropriate care, when and where you need it. That's why your plan includes the extra expertise of Medical Rehabilitation Consultants. These consultants can help you make decisions about certain types of care you and your doctor may be considering. Registered nurses review treatment plans, then help to assure that you get the right treatment in the right setting, when you need it.

Case managers:

- Give guidance to patient, family and support system.
- Coordinate with a panel of board-certified practicing physician specialists
- Help patients and families navigate advances in complex therapeutics, imaging and interventions.
- Help effectively deal with short- and long-term medical needs.
- Provide support and education.
- Compare treatment plan to client's plan language.

Questions? Contact Meritain Health Customer Service at 1.866.808.2609.



Advocates for Healthier Living

Meritain Health provides easy-to-use healthcare benefits you can use to stay healthy and productive. Contact us at the number on your ID Card if you have any questions about your plan.